Article ID: 1000-7032(2025)01-0140-16

Development of NIR Responsive Upconversion Nanosensor for Turn-on Detection of 4-Nonylphenol

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Abstract: 4-Nonylphenol (NP) is a kind of estrogen belonging to the endocrine disrupter, widely used in various agricultural and industrial goods. However, extensive use of NP with direct release to environment poses high risks to both human health and ecosystems. Herein, for the first time, we developed near-infrared (NIR) responsive upconversion luminescence nanosensor for NP detection. The Förster resonance energy transfer based upconversion nanoparticles (UCNPs)-graphene oxide sensor offers highly selective and sensitive detection of NP in linear ranges of 5-200 ng/mL and 200-1 000 ng/mL under 980 nm and 808 nm excitation, respectively, with LOD at 4.2 ng/mL. The sensors were successfully tested for NP detection in real liquid milk samples with excellent recovery results. The rare-earth fluoride based upconversion luminescence nanosensor with NIR excitation wavelength, holds promise for sensing food, environmental, and biological samples due to their high sensitivity, specific recognition, low LOD, negligible autofluorescence, along with the deep penetration of NIR excitation sources.

Key words: $Er^{3+}/Yb^{3+}/Nd^{3+}$; upconversion nanoparticles; Förster resonance energy transfer; estrogen; detectionCLC number: 0482. 31Document code: ADOI: 10. 37188/CJL. 20240187CSTR: 32170. 14. CJL. 20240187

近红外响应上转换荧光纳米传感器用于4-壬基苯酚检测

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收稿日期: 2024-08-11;修订日期: 2024-09-02

基金项目:国家自然科学基金(22075052);广东省基础与应用基础研究基金(2023A1515012988);广东省省级科技计划项目 (2022A0505020005);江苏省教育厅项目(EFP10120240023)

Supported by National Natural Science Foundation of China (22075052); Guangdong Basic and Applied Basic Research Foundation (2023A1515012988); Science and Technology Planning Project of Guangdong Province (2022A0505020005); Project from the Department of Education at Jiangsu Province for the School of CHIPS at XJTLU (EFP10120240023)

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摘要:4-壬基苯酚(NP)是一种雌激素,属于内分泌干扰物,广泛应用于各种农业和工业品。然而,NP的过度使用及直接释放到环境中,会对人类健康和生态系统造成高风险。在此,我们首次研究了近红外(NIR)响应的上转换荧光纳米传感器用于4-NP的检测。基于 Förster 共振能量传递的上转换纳米颗粒(UCNPs)-氧化石墨烯传感器具有高选择性和高灵敏度,在980 nm 和 808 nm 激发下,对 NP 的线性检测范围分别为 5~200 ng/mL 和 200~1 000 ng/mL,LOD 为 4.2 ng/mL。该纳米传感器在实际液体牛奶样品中成功进行了 NP 检测,结果令人满意。近 红外激发的稀土氟化物基上转换荧光纳米传感器由于具有高灵敏度、高特异性识别、低 LOD、无自发荧光以及 近红外激发源的穿透能力强,在食品安全检测、环境监控和生物样品中具有很好的应用前景。

关 键 词: Er³⁺/Yb³⁺/Nd³⁺; 上转换纳米颗粒; Förster 共振能量传递; 雌激素; 检测

1 Introduction

4-Nonylphenol (NP) is a kind of estrogen and belongs to the endocrine disrupters that is extensively used in industry, agriculture, and human life as an antistatic agent, plasticizer and emulsifier^[1]. Extensive usage of NP with direct release to environmental systems poses high risks to both ecosystems and human health^[2]. As a result, there is a considerable possibility that NP will enter the food chain and being consumed by animals as well as humans^[3]. Humans probably suffer due to the acute NP inhalation or intake which leads to a variety of physiological symptoms, including anxiety and depression^[4-5]. Long-term consumption of NP could cause breast cancer, severe damage to the kidneys, liver, reproductive and neurological systems^[2, 6-7]. NP is classified as a hazardous waste by the US Environmental Protection Agency (EPA)^[3,8]. Therefore, it is urgent and crucial to design a fast, accurate and ultrasensitive technique for NP residue detection in food and aqueous environment.

Several typical techniques, such as liquid chromatography-mass spectrometry^[9], gas chromatography-mass spectrometry^[10], high-performance liquid chromatography^[11], high-performance liquid chromatography-ultraviolet (UV) detector^[12], high-performance liquid chromatography-fluorescence detector^[13], and electrochemical biosensors^[14] have been developed for the quantitative detection of NP. However, due to quick response time, ease of use, realtime sensing, portability and high sensitivity for NP estrogen detection, fluorescent sensors have attracted more attention than the above-mentioned analytical approaches^[6,15]. For example, Tu *et al.*^[16] presented phosphorus and nitrogen co-doped carbon dots which exhibited blue fluorescence emission at 444 nm under 356 nm excitation and obtained a limit of detection (LOD) of 78.62 nmol/L for NP. Jiang et al. [17] developed a fluorescent sensor based on quantum dots (QDs) capped with molecular imprinted polymer (MIP) using 3-aminopropyltriethoxysilane and tetramethoxysilane as the functional monomer and the cross-linker, respectively. The MIP-coated QDs fluorescent sensor exhibited quenched emission at 545 nm under 320 nm excitation with presence of NP, achieving linear NP concentration range of 1-30 µmol/L with LOD of 0.04 µmol/L. The commonly used inorganic QDs exhibit chemically unstable and photo-blinking effects^[18]. Moreover, the primary shortcoming of the fluorophores is that the excitation wavelength typically in the UV-visible range^[19], and the sensitivity of the detection will be affected by the biomolecule-derived background fluorescence^[20].

The rare earth-doped upconversion nanoparticles (UCNPs) have the ability to absorb low-energy near-infrared (NIR) photons (*e. g.*, 980 nm) and emit luminescence of the higher energy photons in UV-visible range^[21-22]. UCNPs offer various benefits as optical sensors because of excellent photo and chemical stability, large anti-Stokes shift, low toxicity, strong upconversion luminescence (UCL), narrow emission bandwidth, long lifetime and ease of surface modification^[18, 23]. In comparison with UVvisible excitation, biomolecular autofluorescence is avoided at NIR excitation wavelengths, and light scattering is reduced^[24-25]. Due to the above-mentioned advantages, UCNPs have been widely explored in a variety of applications including anticounterfeiting, bioimaging, drug delivery, 3D printing and biosensing^[26-31]. Generally, UCNPs based on Yb³⁺ sensitization is capable to upconvert 980 nm irradiation to UV-visible range emission. On the other hand, Nd3+-sensitized UCNPs exhibit not only efficient UCL upon 808 nm laser excitation but also advantages of non-overheating effect and significantly improved penetration depth for biological samples^[32]. Therefore, Nd³⁺ and Yb³⁺-sensitized UCNPs offered the NIR excited efficient UCL and can be potentially applied in fluorescent bioimaging, photodynamic therapy and biomedical sensing^[33-34].

The UCNPs with the preparation mostly in organic solvents are capped with oleate (OA) ligands which make these nanomaterials hydrophobic^[35]. Accordingly, surface modification of the nanomaterials from hydrophobic to hydrophilic is required before continuing aqueous environment sensing and biological application of UCNPs^[36]. The silica (SiO₂) inert shell offers numerous advantages for optical bioanalytical applications, including hydrophilicity, nontoxicity, excellent biocompatibility and the availability of various functional groups binding sites which are crucial for further functionalization^[37]. Amino (-NH₂) functionalized SiO₂ layer coated on the UCNPs surface allows for water dispersion as well as offers reactive functional moieties for subsequent conjugation with biomolecules (i. e., DNA or RNA)^[38]. The functional SiO₂-modified UCNPs have been applied in numerous practical applications such as photodynamic therapy, cellular imaging, biosensing and drug delivery^[39-41]. Recently, Tong et al.^[42] proposed the application of NaYF₄: Er, Yb UCNPs@ SiO₂ in water-soluble ink printing for anti-counterfeiting. Sun et al. [41] designed a nanosensor based on energy transfer from NaYF₄: Yb, Er@NaYF₄ UCNPs coated with NH2-functionalized SiO2 layer to gold nanoparticles for the sensing of cadmium and glutathione ions.

As single-stranded oligonucleotide (DNA or

RNA) that mimics monoclonal antibodies, aptamers are powerful for specific binding to its preselected targets^[43]. Aptamers are screened by Systematic Evolution of Ligands by Exponential Enrichment (SELEX) method^[44]. The advantages of aptamers over antibodies include excellent binding affinity, pronounced specific recognition, long-term stability for preservation, convenience for carriage, ease of modification, low cost, minimal differences between batches, and wide target range^[45]. Graphene oxide (GO) has promising characteristics as an excellent quencher when considering a potential candidate for energy acceptors because of its high surface area, high solubility in water and unique affinity to diverse biomolecules^[46-47]. For instance, single-stranded oligonucleotides (such as aptamer) are attached on the surface of GO via π - π stacking interactions^[48]. As a fluorescent acceptor, GO has a large specific surface area and a highly efficient quenching ability which makes it a suitable and highly efficient quencher of UCNPs^[49]. For example, Gonzalez et al. ^[50] demonstrated efficient energy transfer between UCNPs and GO sheets due to excitation and emission absorption by GO sheets and Förster resonance energy transfer (FRET), with the former as the major UCL quenching mechanism. Li et al. [51] presented the Tween 20 modified GO and specific aptamer-based fluoresce sensor for the detection of ochratoxin A, revealing 5-200 nmol/L linear detection range with LOD of 3.12 nmol/L.

Herein, for the first time, we develop rare-earth fluoride UCNPs based biosensor with NIR excitation for the ultra-sensitive sensing of NP estrogen through FRET (Fig. 1). The prepared OA capped NaYF₄: Yb/Er@NaYF₄: Nd core-shell UCNPs (UCNPs-OA) were functionalized with amino-SiO₂ layer to obtain the hydrophilic nanoparticles (UCNPs@SiO₂-NH₂) and subsequent aptamer conjugation (UC-NPs@SiO₂@apt). The UCNPs acted as an efficient energy donor and GO nanosheets as an ideal energy quencher. The UCNPs@SiO₂@apt attached onto the surface of GO nanosheets via π - π stacking interactions, resulting in the UCL quenching through FRET from UCNPs to GO nanosheets^[52]. When NP



Fig.1 Schematic diagram of NIR excitable UCNPs@SiO₂@apt-GO biosensor based on FRET for highly sensitive and selective sensing of NP

estrogen was introduced to the UCNPs@ SiO₂@ apt-GO sensor, aptamer preferentially combined with NP, causing the detachment of UCNPs@ SiO₂@apt from GO nanosheets, and simultaneous enabling the recovery of UCL. Moreover, 980 nm excited UCNPs@SiO₂@apt-GO sensor was applied for the determination of NP estrogen in liquid milk samples with acceptable results. Thus, the rareearth fluoride based and NIR excitable UCNPs@ SiO₂@apt-GO sensor is promising for turning-on biosensing of NP estrogen with high sensitivity and excellent selectivity.

2 Experiment

2.1 Regents and Materials

The chemicals with satisfactory purities were utilized as obtained without having additional purification. Yb(CH₃CO₂)₃·xH₂O (99.9%), Y(CH₃CO₂)₃·xH₂O (99.9%), Er (CH₃CO₂)₃·xH₂O (99.9%), Nd(CH₃CO₂)₃·xH₂O (99.9%), NH₄F (98%), glutaraldehyde (25% in aqueous solution), oleic acid (90%), 1-octadecene (90%) and NaOH (>98%) were supplied from Sigma-Aldrich. Tetramethylammonium hydroxide (25% in aqueous media), (3aminopropyl) triethoxysilane (APTES, 98%), tetraethyl orthosilicate (TEOS) (99%), methanol (99.5%), cyclohexane (99.5%), NP (98%), bisphenol A (BPA, 99%), phenylphenol (PP, 98%), di-2-ethylhexyl phthalate (DEHP, 99%), phenol (PHE, 99%) standards were supplied from Aladdin, China. Graphene oxide (GO, size $0.5-5 \mu m$) was purchased from the Xianfeng Nano Co. Ltd., China. Ammonium hydroxide solution (GR, 25%– 28%) was purchased from the Macklin, China. Milk (liquid) was obtained by Walmart Guangzhou, China. The NP-specific aptamer sequence was 5'-NH₂-ATG CGG ATC CCG CGC GGC CGG CCA GTG CGC GAA GCT TGC GC-3' and supplied by Bio-Tech Co. Ltd., Shanghai China^[53]. The milli-Q ultrapure water was utilized in all the experiments. The membrane with 0.22 μm pore size was supplied by the Jinteng Co., Ltd., Tianjin, China.

2.2 Characterizations

The size and morphological changes of the nanoparticles were determined using a Hitachi HT7700 transmission electron microscope (TEM) operating at 100 kV. Elemental mapping was conducted using the FEI TALOS F200S high-resolution transmission electron microscope (HRTEM) in scanning transmission electron microscopy operating at 200 kV. Using Cu K α irradiation ($\lambda = 0.154$ 06 nm), crystalline phases were identified using a Malvern Panalytical DY735 X-ray diffractometer with a scanning rate of 5(°) · min⁻¹ and 2 θ range of 10° – 80°. Fourier transform infrared (FT-IR) spectra were obtained at a resolution of 1 cm⁻¹ and from 400 cm⁻¹ to 4 000 cm⁻¹ using a Thermo-Fisher Scientific

spectrometer of Nicolet 6 700 following the KBr pellet approach. Shimadzu UV2700 spectrophotometer was utilized to recorded ultraviolet-visible (UV-Vis) spectra. Zeta potentials were measured by Malvern Zeta potential analyzer. Measurements of contact angles were carried out using OCA100 (Dataphysics, Germany) apparatus with a 3 μ L droplet placed over a specific quantity of powdered samples. A Ocean Optics spectrometer of USB 2000+ and HORIBA Jobin Yvon fluorescence spectrometer of FluoroMax-4 were used to record UCL spectra by using an external fiber coupled diode 980 nm and 808 nm laser (BWT Beijing Ltd.), respectively.

2.3 Synthesis of Core and Core-shell Nanoparticles

The NaYF₄: Yb/Er (20%/2% (mole fraction)) core nano-particles were synthesized through facile method described in previous report^[35]. Briefly, 2 mL of Yb(CH₃COO)₃ (0.2 mol/L), Y(CH₃COO)₃ (0.2 mol/L) and Er(CH₃COO)₃ (0.2 mol/L) were blended in 50 mL flask with 6 mL of 1-octadecene and 4 mL of oleic acid under continuous stirring. After 30 min of constant stirring and heating at 160 °C, solution was cooled to room temperature. The combined solution was stirred at 50 °C for 30 min with addition of NH₄F (1.54 mmol) and NaOH (1 mmol) solution in methanol. The solution was initially heated at 110 °C for methanol evaporation and then under argon atmosphere heated at 300 °C for 1 h. The final sample was washed with ethanol, methanol and cyclohexane several times and kept at 4 °C after dispersed in 4 mL cyclohexane.

Similarly, NaYF₄: Yb/Er (20%/2%) @NaYF₄: Nd (40%) core-shell UCNPs was synthesized using the above-mentioned method except for the 2 mL of Y (CH₃COO)₃, Yb (CH₃COO)₃ and Er (CH₃COO)₃ were exchanged with Y(CH₃COO)₃ and Nd(CH₃CO₂)₃. As-prepared core nanoparticles (3.9 mL) was added along with NH₄F (1.54 mmol) and NaOH (1 mmol) methanol mixture. The resultant OA capped core-shell NaYF₄: Yb/Er@NaYF₄: Nd UCNPs (denotes as UCNPs-OA) were dispersed in cyclohexane (3.9 mL).

2.4 Amino-SiO₂ Modification of Core-shell UCNPs

UCNPs-OA surface was coated with amino-SiO₂ using an approach previously reported^[52,54]. Firstly, UCNPs-OA (3 mL in cyclohexane) were centrifuged and dispersed again in 60 mL of ethanol following 40 min sonication in a 250 mL flask at room temperature. The mixture was stirred and heated to 42 °C with the addition of NH3·H2O (2.5 mL) and ultrapure water (20 mL). Then, 60 µL of TEOS was added to the above mixture, and the mixture was stirred for 6 h at 42 °C to coat core-shell UCNPs with SiO₂ layer (UCNPs@SiO₂). The mixture was heated at 42 °C for 6 h after 100 µL of APTES was added, and then it was allowed to cool to room temperature. The final sample was centrifuged at 8 500 r/min $(7 672.8 \times g)$ for 30 min and after several times washing, redispersed it in ethanol and stored in a fridge at 4 °C to obtain the amino-SiO2 modified coreshell UCNPs (UCNPs@SiO₂-NH₂).

2.5 Preparation of Aptamer Conjugated Coreshell UCNPs

The aptamer conjugated UCNPs@SiO2-NH2 were obtained by using standard glutaraldehyde approach with modifications^[52]. To chemically activate amino group on the surface, UCNPs@SiO₂-NH₂ (4 mg) were sonicated in ultrapure water for 10 min, and then added with 0.25 mL of glutaraldehyde aqueous solution with the mixture kept for 2 h continuous shaking at room temperature. The abovementioned sample was centrifuged at 8 500 r/min $(5\ 023.\ 6\times g)$ for 10 min and after several times washing, dispersed aging in water. For UCNPs@SiO₂-NH₂ conjugation with aptamer (UCNPs@SiO₂@apt), 5.4 nmol of aptamer was added to the obtained solution of UCNPs@SiO₂-NH₂ with amino group activated by glutaraldehyde under overnight shaking at room temperature. The resultant blend was centrifuged for 10 min at 8 500 r/min (5 023.6 \times g) to attain UC-NPs@SiO₂@apt that was washed twice and dispersed again in ultrapure water. UCNPs@SiO₂@apt were kept in storage at 4 °C.

2.6 Experimental Procedures for NP Sensing

The NP detection experimental conditions were

set appropriately. Firstly, UCNPs@SiO₂@apt (0.2 mg/mL) and GO nanosheets (0.3 mg/mL) were incubated at different time with an excitation wavelength of 980 nm. Secondly, the optimum concentration of GO nanosheets was achieved through incubating the UCNPs@SiO₂@apt at concentration of 0.2 mg/mL and 0.4 mg/mL at room temperature for 30 min, respectively, with GO nanosheets within the concentration range of 0.1-1.0 mg/mL under 808 nm excitation, and 0.1-0.5 mg/mL at 980 nm excitation. Finally, GO nanosheets together with UC-NPs@SiO2@apt were incubated under the above optimized experimental conditions to assemble NP detection sensor (UCNPs@SiO₂@apt-GO). The various incubation times among UCNPs@SiO2@apt-GO sensor and NP estrogen were explored at 37 °C. In the NP sensing experiment, UCNPs@SiO₂@apt-GO sensors that were developed under optimum experimental conditions, were incubated with NP at various concentrations for an optimized incubation time (1 h) at 37 °C. At 980 nm or 808 nm laser excitation, UCL of the obtained sample was measured. The sensor specific recognition was evaluated by adding selected five estrogens including NP, PHE, PP, DEHP and BPA, respectively, to UCNPs@SiO2@apt-GO. Same optimum conditions for experiment were followed to prepare the samples and the UCL spectra were measured at 980 nm excitation.

2.7 Detection of NP in Real Samples

UCNPs@SiO₂@apt sensor was applied to real sample of liquid milk to determine its reliability and sensitivity. After filtration by membrane with a pore size of 0. 22 μ m, 100 times the volume of liquid milk was diluted and then spiked with NP at concentrations of 10, 50, 200 ng/mL. The UCL measurements were carried out using an excitation laser at 980 nm to investigate the spiked real sample sensing application.

3 Results and Discussion

3.1 Characterization of UCNPs

NaYF₄: Yb/Er was utilized as the core nanoparticles because of high efficiency in NIR-to-visible UCL. Upon 980 nm irradiation, the NIR excitation

energy was extracted by the Yb3+ ions which was further transferred to the upconverter ions $(Er^{3+})^{[55]}$. The NaYF₄: Nd shell coating was used to protect the UCL from upconverter ions (Er^{3+}) in the core from surface quenching^[56] and further enabling Nd³⁺ sensitization due to the high absorption capability of Nd³⁺ at 808 nm through the ${}^4\mathrm{I}_{9/2} \rightarrow {}^4\mathrm{F}_{5/2}$ transition and efficient interfacial energy transfer from Nd3+-to- $Yb^{3+[57-59]}$, upon which the UCL from activator (Er³⁺) ion can be achieved (as shown in Fig. S1 in the Supporting Information). Furthermore, confining Nd³⁺ in the separate outer layer can remove strong unwanted interaction between Nd3+ and activator ion $(Er^{3+})^{[56, 60]}$. Recently, the UCNPs with composition of NaYF4@NaYbF4: Tm@NaYF4 were employed for the detection of 17β -estradiol estrogen^[61]. In comparison, our presented UCNPs indicates multiple benefits such as Nd³⁺ or Yb³⁺ sensitization, highly efficient and strong green UCL due to protection of the upconverter ion (Er^{3+}) in the core, non-overheating effect and substantially enhancing the penetration depth for biological sensing ascribed to the 808 nm excitation exhibiting lower OH- absorption than 980 nm.

The growth of NaYF₄: Yb/Er (20%/2%) core nanoparticles was followed by epitaxial shell deposition of NaYF₄: Nd (40%). TEM micrograph displays spherical morphology of the as-synthesized core nanoparticles and core-shell UCNPs in Fig. 2(a) -(b). The core nanoparticles are evenly distributed and monodispersed, with the mean diameter around 24.9 nm (Fig. S2(a)). Core-shell UCNPs exhibit a mean diameter of about 33.3 nm with a narrow size distribution (Fig. S2(b)). The elemental mapping and TEM of UCNPs are shown in Fig. 2(c) - (g), which confirms the presence of Er³⁺, Nd³⁺, Yb³⁺ and Y^{3+} in the core-shell structure. Fig. 2(h) presents the single particle HRTEM illustrating lattice fringes (d = 0.436 nm) which associated to the hexagonal structure (222) plane. The obtained XRD patterns (Fig. 2(i)) demonstrated that the hexagonal β - $\rm NaYF_4$ phase (JCPDS standard card No. 16-0334) and the main diffraction peak locations are matched well which proves the good crystallinity of UCNPs.



Fig.2 TEM micrographs of the as-prepared NaYF₄: Yb/Er core nanoparticles(a) and NaYF₄: Yb/Er@NaYF₄: Nd core-shell UC-NPs(b). Representative TEM image of UCNPs for compositional analysis (c) and elemental mapping images of Er, Nd, Yb, and Y((d)-(g)) of core-shell UCNPs. (h) HRTEM image of individual core-shell nanoparticle with *d*-spacing of 0.436 nm. (i) XRD pattern of UCNPs-OA. (j) UCL spectra of core nanoparticles and core-shell UCNPs at 980 nm excitation, with inset showing greatly enhanced UCL of core-shell UCNPs in contrast with core nanoparticles. (k) UCL spectrum of core-shell UCNPs under 808 nm NIR laser

The weak XRD peaks at 30. 5° and 42. 8° indicate the minor impurity phase possibly due to Y_2O_3 (JCP-DS standard card No. 44-0399). The core nanoparticles(NaYF₄: Yb/Er) display the visible UCL upon 980 nm excitation (Fig. 2 (j)). The core-shell (NaYF₄: Yb/Er@NaY₄: Nd) UCNPs exhibit the characteristic UCL with three major peaks centered at 521 nm, 540 nm and 654 nm which are associated with the Er³⁺ transitions of ${}^{2}H_{11/2} \rightarrow {}^{4}I_{15/2}$, ${}^{4}S_{3/2} \rightarrow$ ${}^{4}I_{15/2}$, and ${}^{4}F_{9/2} \rightarrow {}^{4}I_{15/2}$, respectively, under 980 nm (Fig. 2 (j)) or 808 nm (Fig. 2 (k)) laser excitation. The shell coating of NaYF₄: Nd enables the core-shell UCNPs with significant enhancement in UCL intensity, as demonstrated in the inset of Fig. 2 (j) for photographs comparison of the core nanoparticles and core-shell UCNPs at NIR (980 nm) excitation, which can be explained by the largely reduced surface quenching due to the solvent molecules, capping ligands, surface defects and other impurities^[62].

3. 2 Amino-SiO₂ Functionalized Core-shell UC-NPs

To facilitate the development of an aqueous biosensing platform, the UCNPs require not only high UCL characteristics under NIR excitation (980 nm and 808 nm), but also good hydrophilicity, biocompatibility and NIR-transparency properties. Thus, surface modification of the UCNPs using the inert SiO₂ shell provides high water dispersibility because the as-synthesized UCNPs-OA are hydrophobic^[37]. SiO₂ surface modification provides the potential to incorporate numerous functional groups on the surface of UCNPs^[63]. The amino-functionalized SiO₂ layer offers binding site for aptamer conjugation and also increases the dispersibility of UCNPs in water^[64].

The TEM image (Fig. 3 (a)) shows uniform morphology of UCNPs@SiO2-NH2 which exhibit the particle size of ~36 nm in diameter. Considering the particle size of core-shell UCNPs at 33.3 nm (Fig. 2(b)), the SiO₂ shell thickness is estimated to be ~ 1.3 nm for coating on the surface of UCNPs. Fig. 3(b) presents the FT-IR spectra of UCNPs-OA and UCNPs@SiO2-NH2. The FT-IR broadband at 3 443 cm⁻¹ of UCNPs-OA is attributed to stretching vibration of the -OH group^[36,65]. The bands at 2 927 cm⁻¹ and 2 854 cm⁻¹ represent the asymmetric and symmetric stretching vibrations of the methylene ($-\mathrm{CH}_2-$) group^{\scriptscriptstyle[66]}, respectively. The bands at 1 554 cm^{-1} and 1 461 cm^{-1} are associated to the asymmetric and symmetric stretching vibrations of the carboxylic group (-COO)^[67], respectively. The peak appeared at 1 118 cm⁻¹ is ascribed to C-O stretching vibration of carboxylic group. The absorption peak at 724 cm⁻¹ is mainly attributed to --CH₂ rocking vibration^[68]. After UCNPs surface modification by amino-SiO₂ layer, the UCNPs@SiO₂-NH₂ display significant decreased intensity for characteristic peaks at 2 927, 2 854, 1 554, 1 461 cm⁻¹, suggesting the OA ligand removal from the UCNPs surface. Furthermore, the UCNPs@SiO₂-NH₂ exhibit a strong band at 3 435 cm⁻¹ that is assigned to OH group from silanol (Si-OH) group^[52]. The peak at 1 632 cm⁻¹ is originated to amino $(-NH_2)$ group. The peaks at 1 072 cm⁻¹ and 793 cm⁻¹ are ascribed to asymmetric and symmetric stretching vibrations of Si—O—Si, respectively. The shoulder at 957 cm⁻¹ is attributed to Si-OH and the peak at 460 cm⁻¹ is associated to the bending vibration of Si-O-Si bond^[41,68]. All the above-mentioned characteristic bands indicated that UCNPs surface was successfully modified with the amino-SiO₂ layer (UCNPs@ SiO₂-NH₂). The contact angle measurements were carried out for UCNPs-OA and UCNPs@SiO2-NH2. Fig. 3(c) exhibits a water contact angle of 124. 3° for hydrophobic UCNPs-OA. On the other hand, the water contact angle of UCNPs@SiO2-NH2 is 41.5° (Fig. 3(d)), suggesting efficient UCNPs water dispersion after surface coating of amino-SiO2 layer. Based on these characteristics, the water-soluble UCNPs@SiO2-NH2 can be potentially used for the sensing of environmental, food or biological samples in aqueous media.



Fig.3 (a) TEM image of amino-SiO₂ modified NaYF₄: Yb/Er@NaYF₄: Nd core-shell UCNPs. (b) FT-IR spectra of UCNPs-OA and UCNPs@SiO₂-NH₂. (c)-(d) Water contact angle determination of UCNPs-OA and UCNPs@SiO₂-NH₂, respectively

3.3 Construction of UCNPs@SiO₂-GO Aptasensor for NP Sensing

Fig. 4(a) shows the UV-Vis absorption spectra of UCNPs@SiO₂-NH₂ before and after aptamers conjugation. Before aptamer conjugation, UCNPs@SiO₂-NH₂ exhibit no apparent absorption in range of 200– 500 nm. The UCNPs@SiO₂@apt display absorption peak maxima at 265 nm that proves the successful conjugation of aptamer with UCNPs@SiO₂-NH₂^[52]. Fig. 4(b) presents zeta-potentials for UCNPs@SiO₂-NH₂ and UCNPs@SiO₂@apt. The positive charge of (24. 1 ± 0.7) mV observed for UCNPs@SiO₂-NH₂ reveals —NH₂ group which contains positive charge, is successfully functionalized on the surface of UC-NPs@SiO₂. The single-stranded DNA aptamer conjugation with UCNPs@SiO₂-NH₂ could be justified by the negative zeta potential of (-3. 3 ± 0. 3) mV for UCNPs@SiO₂@apt, which is consistent with the



Fig.4 UV-Vis absorption spectra (a) and zeta potential (b) of UCNPs@SiO₂-NH₂ and UCNPs@SiO₂@apt. (c) UCL spectrum of UCNPs@SiO₂-NH₂ in comparison with the GO nanosheets UV-Vis absorption spectrum. (d) TEM image of GO nanosheets incubated with UCNPs@SiO₂@apt. UCL spectra of UCNPs@SiO₂@apt and UCNPs@SiO₂@apt-GO sensor with and without NP at 980 nm(e) and 808 nm(f) excitation, respectively

published result^[69]. Fig. S3 shows the thin and uniformly spread two-dimensional shape of GO nanosheets with a broad surface area for potential binding with UCNPs@SiO2@apt. The UV-Vis absorption spectrum of GO is presented in Fig. 4(c), which exhibits a broad range of strong absorption at 200-700 nm with a maxima at 230 nm^[70]. The UCL spectrum of UCNPs@SiO₂-NH₂ (Fig. 4 (c)) has characteristic peaks maxima at 521, 540, 654 nm corresponding to the transitions of ${}^{2}H_{11/2} \rightarrow {}^{4}I_{15/2}$, ${}^{4}S_{3/2} \rightarrow$ ${}^{4}I_{15/2}$ and ${}^{4}F_{9/2} \rightarrow {}^{4}I_{15/2}$, respectively, from Er^{3+} under 980 nm excitation^[55]. The significant overlap is observed between the UCL spectrum of UCNPs@SiO₂@ apt and the UV-Vis spectrum of GO nanosheets. When addition of UCNPs@SiO2@apt with GO nanosheets, the two-dimensional shape of GO nanosheets surface is attached with UCNPs@SiO2@ apt (Fig. 4(d)), causing the distance between the UCNPs@SiO₂@apt and GO nanosheets significantly decreased, corresponding to the π - π stacking interaction between nucleic acid chains from aptamer modified on UCNPs surface (UCNPs@SiO2@apt) and GO nanosheets^[50], leading to UCL quenching due to FRET from the energy donor (UCNPs@SiO₂@ apt) to energy accepter (GO nanosheets)^[71] (see Fig. S1). In addition to the fundamental requirement for the donor emission spectrum overlapped with the acceptor absorption spectrum, a non-radiative FRET process involves the energy donor-acceptor distance ≤ 10 nm, whereas the radiative energy transfer can occur over relatively long distance beyond 10 nm based on the inner filter effect^[26]. By considering the UCNPs@SiO2-NH2 diameter of 36 nm (Fig. 3(a)) and NaYF₄: Yb/Er core nanoparticles diameter of 24.9 nm (Fig. 2(a) and Fig. S2(a)), the thickness of NaYF4: Nd and SiO2 shells coated on NaYF₄: Yb/Er core nanoparticles was estimated to be ~ 5.5 nm, which supports that the FRET process occurs from Er³⁺ in the core of UCNPs to the GO nanosheets (see Fig. S1). In currently developed biosensor, the UCL of UCNPs@SiO2@apt upon 980 nm (Fig. 4(e)) and 808 nm (Fig. 4(f)) excitation, is considerably quenched by GO nanosheets. When the NP estrogen analyte was added to UCNPs@SiO₂@ apt-GO sensor, the UCL was recovered due to the predominant attachment of aptamer with NP that led to separation of GO nanosheets from UCNPs@SiO₂@ apt. Therefore, NIR excitable UCNPs@SiO₂@apt-GO nanosensor could be potentially applied for turning-on sensing of NP estrogen.

3.4 Optimization Parameters for NP Detection

For the prepared UCNPs@SiO2@apt-GO sensor, we systematically optimized the different experimental parameters, including the GO nanosheets incubation time with the UCNPs@SiO2@apt, concentration of the GO nanosheets and the incubation time for NP estrogen with UCNPs@SiO2@apt-GO sensor. Primarily, UCNPs@SiO2@apt with GO nanosheets were incubated at different intervals of time and time-dependent UCL quenching was studied (Fig. S4(a)). From 1 min to 30 min of incubation, the UCL intensity was significantly decreased with negligible change after 30 min incubation time. Plotting incubation time against UCL quenching efficiency for UCNPs@SiO2@apt with GO nanosheets addition is shown in Fig. S4(b). The interaction between UC-NPs@SiO2@apt with the GO nanosheets reaches balance after 30 min without apparent variation observed for UCL quenching efficiency. Hence, the optimized time of incubation was selected at 30 min for UCNPs@SiO2@apt with GO nanosheets. To further explore the influence of GO nanosheets concentration on the UCL quenching, the GO nanosheets were incubated at different concentrations with UC-NPs@SiO₂@apt for the optimum duration of time (30 min). With increasing concentration of GO nanosheets, the intensity of UCL decreased gradually and showed the maximum quenching concentration of GO nanosheets at 0.5 mg/mL and 1.0 mg/ mL upon 980 nm (Fig. S5(a)) and 808 nm (Fig. S6(a)) laser excitation, respectively. The quenching efficiency increased gradually as the concentration of GO nanosheets increased in range of 0.1-0.5 mg/mL upon 980 nm laser excitation (Fig. S5 (b)) and 0. 1-1. 0 mg/mL under 808 nm laser excitation (Fig. S6(b)), respectively. According to the recently reported FRET-based UCNPs sensor in Wen's group^[52] and considering the inner filter effect, the optimal concentration of GO nanosheets was chosen at 0.3 mg/mL and 0.4 mg/mL for UCNPs@SiO2@ apt-GO sensor, under NIR excitation wavelengths of 980 nm and 808 nm laser, to achieve UCL quenching efficiency at 49% and 51%, respectively. The UCNPs@SiO2@apt-GO nanosensor was constructed based on the above-developed optimum experimental parameters and further incubated with NP at 37 °C for different time intervals to optimize the sensing performance. The UCL spectra in Fig. S7 (a) show the luminescence recovery with increasing the time of incubation between NP estrogen and UC-NPs@SiO₂@apt-GO. The relative UCL intensity increased progressively as the time of incubation increased, reached a maximum at 1 h and remained unchanged afterward (Fig. S7(b)). Thus, the optimum incubation time was selected at 1 h for the UCNPs@SiO₂@apt-GO sensor to further detect NP estrogen.

3.5 Quantitative Detection and Selectivity Assessment of NP

Under optimal conditions, the developed UC-NPs@SiO₂@apt-GO sensor was utilized for the sensing of NP estrogen at concentrations ranging 5-200 ng/mL and 200-1 000 ng/mL upon 980 nm and 808 nm laser excitation, respectively. The UCL intensity was gradually restored with an increase in NP estrogen concentration under 980 nm (Fig. 5(a)) and 808 nm (Fig. S8(a)) laser excitation, respectively. The quantitative detection of NP estrogen was achieved by

the relationship between the relative UCL intensities using the formula of $(I-I_0)/I_0^{[72]}$, where I_0 and I define the integrated UCL intensity of UCNPs@SiO2@apt-GO sensor without and with NP estrogen addition, respectively, versus the concentration of NP estrogen. As shown in Fig. 5(b) and Fig. S8(b), the concentrations of the added NP estrogen in the range of 5-200 ng/mL and 200-1 000 ng/mL present a good linear correlation with the UCL intensities at 980 nm and 808 nm laser excitation, respectively. The results of the linear equation are: y = 0.0030x + 0.1345 with correlation coefficient $R^2 = 0.9991$ and y = 0.0004x -0. 0731 with $R^2 = 0.979$ 0 under 980 nm and 808 nm laser excitation, respectively. The estimated LOD is 4. 2 ng/mL following the formula of $3\delta/S^{[66]}$, where S indicates the standard curve slope and δ is blank solution standard deviation with n = 3. UCNPs@SiO₂@ apt-GO sensor possessed higher sensitivity, lower LOD, NIR excitation wavelength for negligible autofluorescence and convenient sensing approach, in comparison to earlier detection methods (Tab. S1). The UCL recovery efficiency of UCNPs@SiO2@apt-GO sensor with presence of NP estrogen was further calculated to be 36.9% at NP concentration of 200 $ng \cdot mL^{-1}$ with 980 nm excitation (Fig. S9(a), (b)), and 42.8% at NP concentration of 1 000 $\text{ng} \cdot \text{mL}^{-1}$ with 808 nm excitation (Fig. S9(c), (d)). The selectivity experiment for the NP estrogen was performed by choosing four other estrogens including BPA, PP, DEHP and PHE. Fig. 5(c) demonstrates only the



Fig.5 (a) UCL spectra of UCNPs@SiO₂@apt-GO sensor with increasing concentrations of NP estrogen under 980 nm laser excitation. (b) Relative UCL intensity for UCNPs@SiO₂@apt-GO sensor against concentration of NP with range of 5-200 ng/ mL under 980 nm excitation. (c) Relative UCL intensities for UCNPs@SiO₂@apt-GO sensor with addition of different estrogens upon 980 nm laser excitation, showing good selectivity toward NP detection for developed UCNPs@SiO₂@apt-GO sensor

addition of NP estrogen resulting in efficient recovery in the UCL intensity, as compared to the other four estrogens at identical concentration of 200 ng/mL. These results validate the good selectivity of UCNPs@ SiO₂@apt-GO sensor for NP estrogen detection.

3.6 Sensing of NP in Liquid Sample of Milk

To validate the practical applicability and reliability of our proposed sensing approach for real samples, standard addition method^[73] was performed using spiked samples of NP with varying concentrations in real samples of milk. The commercially available liquid milk was used for testing with the addition of NP estrogen at concentrations of 10, 50, 200 ng/mL. The UCL intensity was increased with increasing NP concentration in milk samples, as shown in Fig. S10. Tab. 1 presents the recovery results of the spiked milk samples. The recoveries for the milk samples are 99.5%-105.5% and relative standard deviation (RSD) falls in the range of 1.5%-3.1%. All the findings validate the suggested approach based on the UCNPs@SiO2@apt-GO sensor, providing a reliable alternative to existing flu-Tab. 1 NP determination and recovery assay in real milk samples

Sample	NP spiked/ (ng•mL ⁻¹)	NP found/ $(ng \cdot mL^{-1})$	NP recovery/%	RSD/% (n=3)
Milk1	10	10.5	104.7	1.8
Milk2	50	52.7	105.5	1.5
Milk3	200	199.1	99.5	3.1

orescence detection methods for a simple, convenient, selective and sensitive platform for monitoring NP estrogen in actual samples of milk.

4 Conclusion

This study develops a novel rare-earth fluoridebased upconversion nanosensor with NIR excitation for the selective and sensitive detection of NP estrogen. The nanosensor employs UCNPs (NaYF4: Yb/ Er@NaYF₄: Nd) as energy donor with NIR excitation, coupled with GO nanosheets as energy acceptor. The resulting UCNPs@SiO2@apt-GO nanosensor, formed via π - π stacking interactions, exhibits efficient UCL quenching via FRET. Upon NP estrogen binding to the aptamer, the detachment of UC- $NPs@SiO_2@apt$ from GO nanosheets causes the UCL restoring, enabling linear detection ranges of 5-200 ng/mL and 200-1 000 ng/mL under 980 nm and 808 nm excitation, respectively, with LOD at 4.2 ng/mL. The sensor demonstrates successful NP estrogen detection in liquid milk samples, highlighting its potential for sensitive and selective turning-on sensing in food, environmental, and biological samples.

Supplementary Information and Response Letter are available for this paper at: http://cjl.lightpublishing. cn/thesisDetails#10.37188/CJL.20240187

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